



RETREAT YOURSELF COSTS:

Double Occupancy: \$ 1,653.32

Single Occupancy: \$ 2,032.91

These prices include:

- A "Tea Greeting" welcome reception on January 6th that includes a consultation with a skin esthetician, as well as a final ceremony lunch on January 8th
- A three-night stay at The Osprey at Beaver Creek
- Yoga classes including restorative yoga to calm the spirit, and morning yoga sessions with Forrest Yoga Teacher Amy Baker (5 classes)
- Three days of Beaver Creek lift tickets
- Daily ski and snowboard sessions led by pro-snowboarders Megan Pischke-Porcheron, Barrett Christy-Cummins and pro-skier Kasha Rigby (3 sessions)
- Daily breakfast at The Osprey, and daily lunch at such exciting and gourmet venues as Trapper's Cabin, a private mountaintop retreat
- Sessions with life coach Linda Kenroy on Manifesting Your True Personal Power, Fate and Destiny. Also a session on Clear Direct Intent, and applying this to our sports and everyday lives (3 sessions)
- A B4BC (Boarding for Breast Cancer) evening party complete with mini spa treatments, delectable cuisine, wine and a silent auction/raffle to benefit B4BC
- All taxes included in this price
- Gift Bags

"Locals" price (ladies with ski passes and lodging) to be announced first week of December